

# City of Toledo

## Swimming Pool Rules

**Parents supervise your children**

**No Unsupervised Diving**

**No breath holding or extended underwater swimming**

- No person will be allowed in the pool without a lifeguard on deck actively supervising the water
- No smoking in the pool building
- Children 5 years of age and older are required to change in their gender appropriate locker room.  
-Contact a pool staff member if you require any assistance or accommodation
- Diaper changing is only permitted in the locker rooms
- Gum is not allowed in the pool
- Spitting is not allowed on the pool deck, in the pool or in the locker rooms
- Profanity will not be tolerated at any time
- Any acts that may be construed as sexual in nature are strictly prohibited in the facility. Any persons participating will be asked to leave immediately.

- No rough play is allowed in the facility, including the water, locker rooms and deck areas (including pushing others into the pool)
- Dunking is prohibited
- No Flips from any surface into the pool
- Swimmers are to stay off the lane lines and life lines unless it is an emergency
- Pool toys and equipment use will be allowed at the discretion of the lifeguard dependent on pool conditions and the number of swimmers in the water
- No standing on pool toys in the water
- The basketball hoop is for use by swimmers in the water. No shooting or dunking from the deck, or hanging from the rim.
- Only one bounce allowed off the diving board

- “PROTECT OUR WATER - Please do not use the pool if you have had diarrhea in the past two weeks, or a disease communicable by Water”
- “SHOWER YOUR CHILD AND YOURSELF. Take a cleansing shower before entering the pool or after using the toilet.”
- “Swimmers who are not toilet trained must wear a swim diaper.”
- “Immuno-compromised individuals should use caution when using a public pool.”
- “WATER AND ALCOHOL DON’T MIX. No person under the influence of alcohol may use the pool.”
- “NO RUNNING or ROUGH PLAY”
- “NO GLASS OR PLASTIC THAT WILL SHATTER”
- “NO FOOD or DRINK in the pool.”
- “NO DIVING ALLOWED - except under the supervision of an approved instructor in a designated diving area.”
- “NO ANIMALS in the pool area.”

The above rules are not an exhaustive list of all activities that are authorized or not authorized.  
The lifeguard staff on duty can restrict other activities which are unsafe.

If at any time you require assistance or help with a rule, see any pool staff member  
Thank you for swimming with us!